

## CONCEPT CHECK

- What characteristics would you expect to read in a case study of an individual with agoraphobia in terms of symptoms, prior history, and treatment protocols?
- What are examples of specific phobias? Are the prevalence rates the same for different kinds of phobias? If not, how are they different?
- What do we know about how specific phobias are developed, as well as how they are treated?
- What is the common thread between development (initiation) and treatment (extinction)?
- What are the characteristics of a panic attack? How is it different from a panic disorder?